



Interdenominational Health Ministry Coalition

Our Mission

We are a faith-based organization that believes “Health is a Spiritual Matter.” We use a holistic approach to educate, equip, support and empower churches and faith communities to promote health and healthier outcomes.

Our Vision

IHMC serves as the catalyst for building healthy communities living in wholeness of mind, body and spirit, and the model for faith-based collaboration locally and globally.

Our Core Values

Faith, Respect, Integrity, Collaboration, Diversity, Support, Empowerment

Who We Are

Founded in 2012 and run mostly by volunteers, Interdenominational Health Ministry Coalition (IHMC) is active in 25 community-based organizations, the majority of them churches who, with our help, have created functional and effective health ministry’s offering effective programs to promote better health. These ministries are now implementing not only faith driven, but also research and data driven programs that address the social determinants of health. Our strategy is to collaborate with like-minded individuals, groups, and organizations to disseminate reliable, transformative information and encourage thought-provoking dialogue that will unite us in working toward the common goal of a healthier community.

Three Ways We Achieve Impact

1. Convening the Community for Education & Trainings:

Building on our successful track record of informative community outreach, over the next three years, we will host an annual community wide conference on a health issue of importance to people of color (like diabetes, mental health, trauma informed care, etc.), and a series of health education workshops and trainings. We anticipate we will serve 300 adults, youth, and families each year for a total of 900 families over three years.

We will also support other community collaborations to address health disparities, such as Common Ground’s *Faith and Healthy Lifestyle Project*, a multi church health improvement effort that has helped achieve improvements in hypertension control among members of several congregations.



Health Is A Spiritual Matter

2. Addressing Mental Health:

The Community Counseling Circle (CCC)

We launched CCC in 2021 by creating access points in churches where members with mental health needs could confidentially approach a designated contact, go through a brief intake, and receive an expedited referral to a CCC counseling partner. Counseling partners are all African American or Latinx mental health clinicians with experience treating people of color. Our program serves high schools as well as churches and the community at large.

The Caring Circle (Grief Support Group)

This free 9-week grief support group run by trained facilitators of color is for people aged 25-years and up who have lost a loved one. The Caring Circle grief support group is a safe place to share and receive support on how to cope following a loved one's death, understand the five stages of grief, and learn through shared experiences. The Caring Circle presents a journey to hope and healing.

3. Supporting Healthcare As A Career Choice:

Phyllis R. Jackson Scholarship Program

Since its inception in 2022, a Rev. Phyllis R. Jackson Legacy Scholarship has been granted to eligible students who desire to pursue careers in nursing (either LPN or RN), as licensed clinical social workers, or as mental health therapists.

For 2024, IHMC partnered with the Black Scholars program at the Urban League of Rochester in order to extend information about our scholarships to more students.



MENTAL HEALTH



267

FAMILIES SERVED SINCE 2012



16

FAMILIES SERVED SINCE 2023



HEALTHCARE CAREERS SINCE 2022

5

RECIPIENTS

\$5,000

FUNDS AWARDED