

## Community Counseling Circle Contact Information



**Jeannie Slaughter**  
CCC Intake Coordinator

CCC Coordinators received training in the Youth Mental Health First Aid. This training is a 6 or 8 -hour certificate course that teaches adults how to identify, understand and respond to signs of mental illnesses. The training gives participants the skills needed to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. Topics covered include anxiety, depression, psychosis, and addictions.

Interested in learning more or requesting service? Call Jeannie at (607) 542-9136 or visit [ihmcroc.org/community-counseling-circle-ccc](http://ihmcroc.org/community-counseling-circle-ccc).

### Participating Community Counseling Circle Churches



Church of Love Faith Center, Senior Pastor  
Terrance Youmans  
Coordinator: Rita Carter



Glory House International, Pastor Melvin &  
Ashley Cross  
Coordinator: Pauline McCleary



Greater Harvest Church, Pastor Sebrone  
Johnson  
Coordinator: LaTricia Johnson



Interdenominational Health Ministry Coalition,  
Founder and Executive Director Phyllis Jackson, RN  
Coordinator: Cathy Little



New Life Fellowship, Pastor Bernard McNeill  
Coordinator: Jeannie Slaughter



Restorative Wellness Counseling, LEADER  
Program Consultant: Dr. Melany Silas



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## Interdenominational Health Ministry Coalition



# COMMUNITY COUNSELING CIRCLE

The Community Counseling Circle (CCC) is a partner-based community program designed to provide mental health and wellness programming, services and educational resources to underserved communities in Rochester NY.

**Mission:** To create faith-based community counseling access, provide culturally relevant counseling education, and exhibit culturally competent clinical services to communities of color.

**Vision:** To partner with area churches, mental health and wellness clinicians, to ensure counseling access and counseling affordability.

## Leadership Messages



Phyllis D. Jackson, RN  
 Founder and Executive Director of IHMC  
[ihmcroc.org](http://ihmcroc.org)

*My vision and heart's desire for the CCC is that church/faith communities will:*

**View** Mental Health through the lens of faith that encompasses wellness of mind, body and spirit.

**Embrace** education and information about mental health and wellbeing that will enable them to become spiritually activated and informed, referral sources and advocates for those needing/ seeking mental health assistance.

**Speak and teach** biblical and medical truth surrounding causes and treatment of mental health, thus eliminating shame and stigma that often prevent those needing help from seeking it.

**Be a safe space** for parishioners, and their circles, to go and get help and support for mental health concerns or challenges that impact their lives. It's time for churches/faith communities to fully understand and embrace that ALL health, including Mental Health, is a Spiritual Matter!

The Community Counseling Circle program was created as a response to research pertaining to communities of color and mental health. Research indicates that we are the most under-researched, misdiagnosed and underserved when it comes to mental health services and treatment. In addition, communities of color are impacted by social-cultural and financial barriers, stigma, and inequitable access to mental health support. The Community Counseling Circle program addresses these barriers, by partnering with community pillars and mental health professionals of color to educate, heal and be co-healers with program participants.

It is our hope, that through the wellness webinars and counseling sessions, that participants will begin a new journey of self-care, mental, emotional, and spiritual wellness, and will learn strategies that will help them to grow and be well in mind, body and soul.

— Dr. Melany J. Silas is an IHMC board member, program consultant of the Community Counseling Circle Program, and a life-long Counselor Educator.

### Foundation Scripture

3 John 1:2 Beloved, I pray that you may prosper in all things and be in good health, even as your soul prospers.



Dr. Melany Silas, Program Consultant  
 Restorative Wellness Research Collective  
[restorativewellnesscollective.com](http://restorativewellnesscollective.com)



Collins & Collins Clinical Services



## Meet the Community Counseling Circle Counselors:



**Fatima Banister, LMSW**  
 Path of Discovery Counseling Services  
[pathofdiscoverycounseling.com](http://pathofdiscoverycounseling.com)

Therapy is an opportunity for you to dive into the innermost parts of who you are in a non-judgmental setting with a person who has the expertise and knowledge to guide you on this path.



**Isaac & Shermka Collins, LCSWs**  
 Collins & Collins Clinical Services | Restoring Hope One Soul at a time!  
[collinsclinicalservices.com](http://collinsclinicalservices.com)

We implement effective psychotherapy methods to instill self-understanding among clients and encourage them to adopt new attitudes and feelings towards life situations.



**Aaliyah El-Amin-Turner LMHC, NCC**  
 El-Amin Mental Health Counseling  
[etmhc.com](http://etmhc.com)

It is my belief that therapy is a process of self-exploration. The decision to engage in psychotherapy is not always an easy one. Making your mental health a priority is the first step. If you are seeking a collaborative therapeutic environment where you feel supported in your counseling journey, I am here to support you. I look forward to working with you.



**Sylvia Johnson, LCSW**  
 Involve Me Counseling LLC  
[involvemewellness.com](http://involvemewellness.com)

Faith based counseling and development center providing a multi-systematic approach to therapy and total wellness. We recognize that total wellness is best achieved when therapy addresses environmental, socio-economic, physical, emotional, mental and spiritual factors that influence an individual's perceptions.



**Vanessa Peavy, LCSW**  
 Take Care CCS Clinical Social Work/Therapist  
[psychologytoday.com/us/therapists/vanessa-peavy-lcsw-take-care-ccs-rochester-ny/733761](http://psychologytoday.com/us/therapists/vanessa-peavy-lcsw-take-care-ccs-rochester-ny/733761)

Take Care Counseling and Consultation Services is committed to your holistic wellness. I help clients work through depression, anxiety, emotion dysregulation, anger issues, survivors of childhood abuse, survivors of sexual abuse, relationship issues, self-esteem issues, family conflicts, identity issues, and loss/grief. Faith based Counseling offered.



**Khadija Tillman, LCSW**  
 Sankofa Counseling  
[sankofafamilycounseling.com](http://sankofafamilycounseling.com)

Sankofa Family Counseling Services is a professional counseling practice. We provide counseling to adults, children and families. We are committed to helping people discover and be their best selves.